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relate
the relationship people

Bedfordshire & Luton

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Newsletter Issue 18 August 2015

Our New Patron



We are pleased to announce Pauline Stewart as the new patron of Relate Bedfordshire & Luton.

Pauline is one of the UK's strongest and most vocal advocates for the advancement of women. Her primary goal has been to help women develop to their full potential, and to become confident and competent leaders. She is founder of Inspirati.

[\(more..\)](#)

Your Invite To A Special Occasion



You're invited to an event being run by Relate Bedfordshire and Luton at auction rooms in Woburn in October.

Earlier in the year CEO Angela Foll won a mini i-pad in a Bedfordshire Chamber of Commerce prize draw. Now she is looking to raise funds for Relate by auctioning it, along with other prizes donated by local traders. Moreover, she'll be the auctioneer herself!

[\(more..\)](#)

Support Offered To Those Affected by Ashley Madison Data Leak



Our team of counsellors is offering support to people affected by leaked data from the Ashley Madison affairs website.

After worried people began calling our national phone lines, we went public with guidance for those who have been exposed, those who have discovered that their partner is having an affair, or people who are worried about what is 'around the corner' for them.

[\(more..\)](#)

Relate In The Workplace

Employee Assist is a confidential counselling service funded by the employer and delivered by experienced counsellors.

[\(more...\)](#)

TalkTime In Schools And Colleges

Thirteen schools across the county commission us directly to deliver face to face counselling on their school premises.

[\(more...\)](#)

Education And Learning

Courses include: *First Impressions*, *Understanding Anger*, *Managing Stress*, and *Team Building*.

[\(more...\)](#)

Funds To Support Homeless Young People

Homeless young people or those at risk of becoming homeless in Luton had additional funded support from April.

[\(more...\)](#)

Explore Our Range Of Services

[Relationship Counselling](#)

**Sex Therapy
Relate In The Workplace
Families
Armed Forces
Children & Young People
Coaching
Education And Learning**

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