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**relate**  
the relationship people

Bedfordshire & Luton

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Newsletter Issue 17 May 2015

### You're Very Welcome... To Our Charity Auction



Come along to a networking and charity auction event at the UK Centre for Carnival Arts, Luton on Monday June 8th.  
[\(more..\)](#)

### Why Not Follow Us On Social Media?



Our Twitter feed during the past month has included an opportunity for people to train as Relate counsellors.  
[\(more..\)](#)

### Team Aims To Reduce Stigma Over Mental Health



*Minds Alrite* are running workshops in their first school this month to start their mental health awareness project.  
[\(more..\)](#)

### Funds To Support Homeless Young People

Homeless young people or those at risk of becoming homeless in Luton had additional funded support from April.  
[\(more...\)](#)

### TalkTime In Schools And Colleges

Thirteen schools across the county commission us directly to deliver face to face counselling on their school premises.  
[\(more...\)](#)

### Education And Learning

Upcoming courses include: *Managing Stress, Understanding Anger, First Impressions* and *Team Bulding*.  
[\(more...\)](#)

### Coaching

Having trouble getting what you want out of your life? We offer one to one goal focused, problem solving coaching.  
[\(more...\)](#)



### Explore Our Range Of Services

**Relationship Counselling**  
**Sex Therapy**  
**Relate In The Workplace**  
**Families**  
**Armed Forces**  
**Children & Young People**  
**Coaching**  
**Education And Learning**



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